






Vegetables

-  **Aloo Gobi** (main) €10.50 (side) €7.00
Potatoes and cauliflower cooked in a thick sauce.
-  **Chana Bhuna** (main) €10.50 (side) €7.00
Chickpeas cooked with spring onions.
-  **Dal Tarka** (main) €10.50 (side) €7.00
Curried lentils.
-  **Bombay Aloo** (main) €10.00 (side) €7.00
Potatoes cooked with spring onion and fresh coriander.
-  **Chana Palak** (main) €10.50 (side) €7.00
Chick Peas cooked with curried spinach.
-  **Bindi Bhaji** (main) €11.00 (side) €8.00
Okra sauteed with onions, tomatoes and fresh coriander.
-  **Mixed Vegetable Curry** (main) €10.50 (side) €7.00
Vegetable cooked in medium curry sauce.
-  **Sag Aloo** (main) €10.50 (side) €7.00
Potatoes cooked with chopped spinach.
-  **Mushroom Bhajee** (main) €10.50 (side) €7.50
Mushrooms sauteed with onions, tomatoes and fresh coriander.
-  **Vegetable Korma** (main) €11.00 (side) €7.50
Vegetable cooked with fresh cream and crushed nuts. Contains: Dairy and Nuts.
-  **Sag Paneer** (main) €11.00 (side) €7.00
Spinach and Indian cottage cheese. Contains: Dairy.
-  **Malai Kofta** (main) €11.00 (side) €7.00
Vegetables stuffed with home-made cheese, nuts, and cooked with thick fresh sauces. Contains: Dairy and Nuts.

Taste Strengths:

-  veg dish
-  medium
-  medium to fairly hot
-  very hot
-  very very hot
-  mild

Allergies

Please ask our staff if you have any questions about food allergies.

Rice

- Pilau Rice** €2.90
Aromatic rice with Saffron
- Boiled Rice** €2.50
Plain Basmati Rice
- Egg Fried Rice** €3.50
Basmati Rice cooked with egg
- Mushroom Fried Rice** €3.50
Mushrooms with Aromatic Pilau Rice



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- Chips** €3.50

Breads

All breads contain gluten.

- Naan Bread** €2.50
Leavened Bread
- Garlic Naan** €3.00
Leavened bread with Garlic
- Peshwari Naan** €3.50
Stuffed with Almond and Sultanas
- Coriander Naan** €3.00
Stuffed with chopped fresh coriander
- Keema Naan** €4.00
Stuffed with Mildly spiced Minced Lamb
- Dhaka Puri** €3.50
Fried Bangladeshi bread
- Chapati** €2.00
A wheat flour bread
- Pizza Naan** €4.00
Afghan bread with onion, pepper, cheese and coriander.
- Papadum** €0.80
- Chutneys (2 oz.)**
- Mixed Pickle** €1.50
- Mango** €1.50
- Pineapple** €1.50
- Tamarind** €1.50
- Mint Sauce** €1.00
- Onion Salad** €0.50



Drinks

- Can of Coke / Diet Coke / Coke Zero** €1.50
- Can of 7up** €1.50
- Can of Fanta** €1.50

- As all of our dishes are prepared freshly to order we ask for your patience at busy times.
- There is no service charge and all gratuities go directly to our staff.

EASTERN TANDOORI



091 - 842 335
091 - 842 340



TAKEAWAY & DELIVERY MENU



Millenium House, Westbridge,
Loughrea, Co. Galway. H62 YD86.



OPENING HOURS

MONDAY - SATURDAY 5.00 PM - 11.00 PM
SUNDAY BUFFET LUNCH 1.00 PM - 3.30 PM
SUNDAY DINNER 3.30 PM - 10.00 PM



ORDER ONLINE AT:

www.easterntandooriloughrea.com



APPETISERS

	Tandoori Chicken	€6.00
	<i>Spring chicken with bone marinated with herbs and spices, then grilled in Tandoori oven. Contains: Mustard & Milk.</i>	
	Chicken Tikka	€6.00
	<i>Succulent pieces of chicken breast marinated and grilled in tandoori oven. Contains: Mustard & Milk.</i>	
	Bara Kebab	€6.50
	<i>Barbequed pieces of lamb, which melt in the mouth. The meat is left to marinate in yoghurt, papaya and spices overnight to give the meat its soft texture and, to bring out all the aroma of the added herbs and spices. Contains: Mustard.</i>	
	Shish Kebab	€6.50
	<i>Spiced minced lamb and herbs delicately roasted on a skewer.</i>	
	Chicken Shaslik Kebab	€6.00
	<i>Diced chicken cooked with tamaric and mustard sauce. Contains: Mustard.</i>	
	Eastern Plater	€11.00
	<i>An assortment of tandoori specialities. Chicken tikka, bara kebab, tandoori chicken and shish kebab.</i>	
	Vegetable Somosa	€6.00
	<i>Pastry stuffed with vegetables and deep fried. Contains: Gluten.</i>	
	Onion Bhagee	€5.20
	<i>Chopped onions and ground lentil mixed with herbs, spices and deep fried.</i>	
	Mixed Vegetable Pakora	€5.50
	<i>Finely sliced vegetables deep fried in a mildly spiced Indian batter.</i>	
	Aloo Tikki	€6.00
	<i>Pan fried spiced potato and green pea cakes served with tamarind and fresh mint glaze.</i>	
	Delicacy of Bengal	€10.00
	<i>An assortment of vegetables specialities.</i>	
	Prawn Puri	€6.50
	<i>Prawn topped on fried bread. Contains: Prawn.</i>	
	Jumbo Prawn Butterfly	€6.50
	<i>Jumbo prawn marinated and deep fried in special Indian butter. Contains: Prawn.</i>	
	Chicken Tender	4 Pieces & Chips €6.00
		7 Pieces & Chips €10.00

Eastern Fusion

	Skewers Chicken Shashlik	€12.00
	<i>Diced chicken cooked with tamaric and mustard sauce. Contains: Mustard.</i>	
	Dhaka Fish Tarcury	€12.00
	<i>Talapia fish cooked in medium spicy sauce. Contains: Fish.</i>	
	Lal Maas	€13.50
	<i>Lean leg of lamb slow-cooked on the bone with red chilli, garlic, ginger, coriander seeds, tomatoes and specially blended garam masala (served boneless).</i>	
	Thai Green Curry	€12.50
	<i>Green curry chicken with coconut milk, beans, chilli and holi basil. Contains: Coconut milk & Fish.</i>	
	Mango Prawn	€15.50
	<i>Tiger prawns with mango puree, curry leaves, tamarind pulp and coconut milk. Contains: Coconut milk & Prawn.</i>	

	Eastern Special Curry	€15.00
	<i>Combination of lamb, chicken and prawn in medium spicy sauce. Contains: Prawns.</i>	
	Kori Gassi	€13.50
	<i>Chicken in grated coconut, shallots, fennel seeds, turmeric powder, fried curry leaves, slow cooked with tomatoes. Contains: Coconut milk.</i>	
	Skewers Jumbo Prawn (dry) 5 spice	€15.00
	<i>Jumbo prawn, marinated and spiced, cooked over charcoal on skewers. Contains: Coconut milk.</i>	

Birany Dishes

All Birany Dishes are cooked with Saffron Pilau Rice and Spiced with aromatic fresh herbs and served with vegetable sauce.

Chicken Birany	€14.00
Lamb Birany	€15.50
Vegetable Birany	€13.50
Prawn Birany	€15.50
Eastern Special Birany	€16.00

Bhuna (Medium)

A very popular Indian Medium Spicy Dish cooked with spring onion, herbs, fresh coriander and tomato.

Chicken Bhuna	€11.90
Lamb/Beef Bhuna	€12.00
Prawn Bhuna	€14.50
Jumbo Prawn Bhuna	€16.00
Vegetable Bhuna	€11.00

Rogan Josh (Medium)

An Excellent Dish cooked with Fresh Herbs, Spices and Aromatic Rogan Chillies.

Chicken Rogan Josh	€11.90
Lamb/Beef Rogan Josh	€12.00
Prawn Rogan Josh	€14.50
Jumbo Prawn Rogan Josh	€16.00
Vegetable Rogan Josh	€11.00

Piazza (Medium) Contains: nuts.

Cooked with Onions, Cashew Nuts, Herbs and Spices in Thick Sauce.

Chicken Piazza	€11.90
Lamb or Beef Piazza	€12.00
Prawn Piazza	€14.50
Jumbo Prawn Piazza	€16.00
Vegetable Piazza	€11.00

Balti (Medium Spicy) Contains: almond, dairy & milk.

An Authentic Punjabi Dish cooked in Thick Medium Spicy Sauce. A recommended dish.

Chicken Balti	€11.90
Lamb or Beef Balti	€12.00
Prawn Balti	€14.50
Jumbo Prawn Balti	€16.00
Vegetable Balti	€11.00

Madras (Very Hot)

This Dish is very popular in South India prepared with Chilli Powder and Fresh Lemon in Spicy Sauce.

Chicken Madras	€11.90
Lamb or Beef Madras	€12.00
Prawn Madras	€14.50
Jumbo Prawn Madras	€16.00
Vegetable Madras	€11.00

Jalfrezi (Hot)

Cooked with Sliced Onion, Green Peppers, Fresh Coriander in a Thick hot Sour Sauce.

Chicken Jalfrezi	€11.90
Lamb or Beef Jalfrezi	€12.00
Prawn Jalfrezi	€14.50
Jumbo Prawn Jalfrezi	€16.00
Vegetable Jalfrezi	€11.00

Karai (Medium)

Cooked with Indian Herbs, Sliced Onion and Green Pepper, Fresh Ginger, Garlic & Coriander.

Chicken Karai	€11.90
Lamb or Beef Karai	€12.00
Prawn Karai	€14.50
Jumbo Prawn Karai	€16.00
Vegetable Karai	€11.00

Chilli Masala (Hot)

Cooked with Fresh Green Chilli and Coriander in a Thick Sauce.

Chicken Chilli Masala	€11.90
Lamb/Beef Chilli Masala	€12.00
Prawn Chilli Masala	€14.50
Jumbo Prawn Chilli Masala	€16.00
Vegetable Masla	€11.00

Vindaloo (Very Hot)

Cooked with Sliced Potatoes - A Superb Hot Dish.

Chicken Vindaloo	€11.90
Lamb or Beef Vindaloo	€12.00
Prawn Vindaloo	€14.50
Jumbo Prawn Vindaloo	€16.00
Vegetable Vindaloo	€11.00

Chef's Recommendation

	Chicken Malai	€12.00
	<i>Barbeque chicken pieces in thick creamy sauce. Contains: Dairy Nuts & Milk.</i>	
	Korma (Chicken or lamb)	€12.50
	<i>Mildly spicy, cooked with roasted nuts and fresh cream. Contains: Dairy Nuts & Milk.</i>	
	Chicken Tikka Massala	€12.50
	<i>Chicken or lamb tikka cooked in creamy sauce with saffron. Contains: Dairy Nuts & Milk.</i>	
	Tandoori Butter Chicken	€12.50
	<i>Chicken cooked in butter sauce and mildly spiced. Contains: Dairy Nuts & Milk.</i>	
	Tandoori Chicken Garlic Chilli (HOT)	€12.50
	<i>Off the bone Tandoori chicken cooked with green chilli, garlic sauce, onion, capsicum.</i>	
	Murgi Massalam	€15.90
	<i>Spring chicken off the bone, with mince lamb, egg, tomato, cooked with thick creamy sauce, and a touch of red wine. Contains: Dairy Nuts & Milk.</i>	
	Jumbo Prawn Tandoori Masala	€16.50
	<i>King prawn spiced and cooked in clay oven and mild creamy sauce. Contains: Dairy, Nuts & Milk.</i>	
	Pasandra	€12.50
	<i>Chicken or lamb cooked in a mixed fruit sauce with thick cream, coconut & almond. Contains: Dairy.</i>	
	Khazana (Chicken/Lamb)	€12.50
	<i>Chicken/Lamb tikka with onion, green pepper, almond and coconut powder with a spicy masala sauce. Contains: Dairy, Almond & Milk.</i>	